

Child abuse group visits school

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Somerset County Child Assault Prevention program at North Plainfield Head Start on Watchung Avenue in North Plainfield last month. / Photo courtesy of Somerset County Child Assault P

NORTH PLAINFIELD — Borough students learned how to protect themselves from harm last month when representatives the Somerset County Child Assault Prevention program visited North Plainfield Head Start on Watchung Avenue.

The county program works in tandem with the New Jersey Child Assault Prevention program, which in 26 years has reached more than 2.5 million children and 300,000 parents and teachers. It serves as a model for CAP programs now implemented in 23 states.

CAP provides staff with current information on abuse, addresses questions from children about abuse and introduces skills on how to communicate with children who might be abused.

The parent program teaches parents how to empower their children to be safe, provide materials to use at home and talk about how to identify abuse. Children's workshops teach three self-assertiveness, peer support and telling a trusted adult.

Visit njcap.org for more information.